## Sourcy Suffolk Sheet 1 of 2

Please inform the organiser if you are not going to return to the start. 07722 621436

0.0	R from START	
0.9	R @ T SP Ipswich	0.9
4.1	GREAT CARE @ T ON DESCENT	3.2
4.1	L @ T Eff SO SP Ipswich	0.0
4.4	R SP Ipswich CARE	0.3
4.5	L Eff SO SP Unsuitable for HGV	0.1
5.9	L @ T No SP	1.4
6.7	R on LH bend SP Birds Lane	0.8
8.6	Next R No SP	1.9
8.9	L @ T No SP	0.3
9.6	R @ GT & Imm SO @ X No SP to continue direction of travel, on the downhill minor road.	0.7
10.7	R @ T SP HOO, Monewden	1.1
12.6	L@GT SP HOO	1.9
13.8	L @ GT SP EASTON	1.2
14.1	R SP LETHERINGHAM	0.3
15.2	Next R SP Church & NCN1 Easily missed (SP obscured)	1.1
16.0	L @ GT SP EASTON	0.8

17.5	R @ GT SP Framlingham	1.5
17.8	R @ T SP Wickham Market	0.3
20.8	After bridge Imm R @ GT No SP	3.0
21.1	R @ GT into Valley Farm	0.3
21.2	VALLEY FARM STAMP CONTROL at Cafe on R	0.1

21.2	Retrace from Control	0.0
21.3	L @ GT No SP	0.1
21.5	R @ GT No SP	0.2
21.6	Next R No SP	0.1
21.8	SO @ X SP By Road CARE	0.2
22.5	SO @ X SP PETTISTREE	0.7
23.4	L @ X SP LOUDHAM	0.9
24.1	SO @ X SP LOUDHAM	0.7
26.8	R @ T SP Rendlesham <b>CARE</b>	2.7
27.9	R @ T SP Melton	1.1
29.6	R @ T SP Melton	1.7
30.6	EYKE INFO CONTROL on L at church gate	1.0

30.6	Cross road from Control and (nearly opposite)	0.0
30.6	Imm R No SP Easily missed	0.0
31.5	R @ GT No SP	0.9
32.2	CARE @ Oblique Level Xing	0.7
35.6	L @ T No SP	3.4
35.7	Next R No SP	0.1
37.1	R @ T No SP	1.4
37.2	WICKHAM MARKET RECEIPT CONTROL obtain a receipt showing date, time and place from any shop, cafe or ATM	0.1
37.2	L SP EASTON	0.1
37.2	2nd L into Broad Road (no SP)	0.0
37.8	L @ T SP EASTON	0.6
37.8	Imm R SP EASTON	0.0
41.7	L SP KETTLEBURGH	3.9
45.2	L SP CRETINGHAM	3.5
47.5	R @ GT SP Earl Soham	2.3
48.1	L @ T SP DEBENHAM	0.6
51.0	SO @ X SP DEBENHAM	2.9
54.4	R @ T SP Eye	3.4
54.9	L SP LEISURE CENTRE	0.5
55.8	CONTROL on L @ Leisure Centre	0.9

## Sourcy Suffolk Sheet 2 of 2

## Please inform the organiser if you are not going to complete the ride. 07722 621436

55.8	R from Control to retrace	0.0
56.8	L @ T SP Eye	1.0
69.1	EYE INFO CONTROL on L @ Market Square after B1117	13.3
69.1	Retrace from Control	0.0
70.0	L Eff SO SP REDLINGFIELD	0.9
74.9	L SP Southolt	4.9
76.0	L @ X SP LAXFIELD	1.1
78.9	R @ T SP LAXFIELD	2.9
79.4	L SP LAXFIELD	0.5
81.6	R @ T Eff SO SP LAXFIELD	2.2
81.8	L SP (obscured) LAXFIELD by school	0.2
82.8	R Eff SO SP LAXFIELD, sign twisted	1.0
85.5	R @ T SP LAXFIELD	2.7
85.6	L Eff SO SP LAXFIELD	0.1
87.6	R @ GT SP Yoxford	2.0
87.9	LAXFIELD RECEIPT CONTROL on L	0.3

87.9	Retrace from Control	0.0
88.4	L SP BRUNDISH	0.5
88.4	Imm L SP Badingham	0.0
88.8	R @ GT SP OWLS GREEN	0.4
90.7	R @ GT SP OWLS GREEN	1.9
91.8	L@TnoSP	1.1
92.0	R SP BRUNDISH	0.2
93.2	R @ Church No SP	1.2

Abbreviations used in route sheet		
L	Left	
R	Right	
SO	Straight on	
Т	T Junction	
Χ	Cross Roads	
RAB	Roundabout	
GT	'Green' Triangle	
TL	Traffic Lights	
SP	Sign Post	
lmm	Immediately	
Eff	Effectively	
CAPITALS indicate places the route passes through.		

93.6       R @ T Eff SO SP Wilby       0.4         94.9       L SP TANNINGTON       1.3         97.3       R Eff SO SP Worlingworth       2.4         97.8       L SP BEDFIELD       0.5         100.9       L @ T no SP towards BEDFIELD       3.1         101.5       R SP Kenton       0.6         102.8       R @ T SP Kenton       1.3         103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1         110.4       L into ARRIVEE @ Leisure Centre       1.5			
97.3       R Eff SO SP Worlingworth       2.4         97.8       L SP BEDFIELD       0.5         100.9       L @ T no SP towards BEDFIELD       3.1         101.5       R SP Kenton       0.6         102.8       R @ T SP Kenton       1.3         103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	93.6	R @ T Eff SO SP Wilby	0.4
97.8       L SP BEDFIELD       0.5         100.9       L @ T no SP towards BEDFIELD       3.1         101.5       R SP Kenton       0.6         102.8       R @ T SP Kenton       1.3         103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	94.9	L SP TANNINGTON	1.3
100.9       L @ T no SP towards BEDFIELD       3.1         101.5       R SP Kenton       0.6         102.8       R @ T SP Kenton       1.3         103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	97.3	R Eff SO SP Worlingworth	2.4
101.5       R SP Kenton       0.6         102.8       R @ T SP Kenton       1.3         103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	97.8	L SP BEDFIELD	0.5
102.8       R @ T SP Kenton       1.3         103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	100.9	L @ T no SP towards BEDFIELD	3.1
103.4       L Eff SO SP Kenton       0.6         104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	101.5	R SP Kenton	0.6
104.6       R @ T SP Kenton       1.2         105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	102.8	R @ T SP Kenton	1.3
105.0       L SP DEBENHAM       0.4         108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	103.4	L Eff SO SP Kenton	0.6
108.5       R SP Cross Green       3.5         108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	104.6	R @ T SP Kenton	1.2
108.8       R @ T SP Eye       0.3         108.9       L SP LEISURE CENTRE       0.1	105.0	L SP DEBENHAM	0.4
108.9 L SP LEISURE CENTRE 0.1	108.5	R SP Cross Green	3.5
	108.8	R @ T SP Eye	0.3
110.4 L into ARRIVEE @ Leisure Centre 1.5	108.9	L SP LEISURE CENTRE	0.1
	110.4	L into ARRIVEE @ Leisure Centre	1.5